

MN Lions Diabetes Foundation Physical Activity Challenge - 3rd Annual Fundraiser!



February-March-April 2024

How To Participate:

- Choose your own activity
- Be active on your own
- Be part of a team
- Donate or register anytime between Feb 1 and April 30
- Commit to 15 miles of physical activity per month

How to donate/register:

Turn in the bottom portion of this flyer

- OR -

Register and donate online here: <https://secure.qgiv.com/event/mldfstrides2024/>

\$30.00 Registration fee

T-shirts available

*"Catch the Dream"
...Life Without Diabetes!*



Lions Club Name: _____ District: _____

Challenge Team Name: _____

Name: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Email: _____ Phone: _____

Donation Amount:

\$30 _____ \$50 _____ \$100 _____ \$250 _____ \$500 _____ \$1,000 _____ Other: _____

Mail to:

MLDF Treasurer, MN Lions Diabetes Foundation, 11070 15th St NE, St. Michael, MN 55376

(Net Proceeds benefit the Minnesota Lions Diabetes Foundation)